

Research Article

Decoding Dominance: A Discourse Analysis of Power Structures in Contemporary Media Narratives

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Abstract: In an era where media narratives significantly shape public perception, understanding the underlying power structures becomes paramount. This study delves into the intricate dynamics of power as represented and perpetuated through media. This research employs a meticulous discourse analysis methodology, scrutinizing various forms of media content to unravel the strategies used to construct and depict dominance. By systematically deconstructing media narratives, this study uncovers the subtle, yet potent, mechanisms through which power is manifested and maintained. The findings reveal a complex interplay of language, imagery, and context, working in concert to normalize certain power hierarchies while marginalizing others. These representations are pivotal in shaping societal norms and individual worldviews, making the dissection of these narratives a task of critical importance. The implications of this research are manifold, offering profound insights for policymakers, media practitioners, and the public at large. By illuminating the covert structures of power embedded within media narratives, this study not only contributes to the academic discourse on media influence but also empowers stakeholders to foster more equitable and conscious media landscapes. As the media continues to evolve, understanding these power dynamics becomes essential in navigating and shaping the societal discourse.

Keywords: Digital Media Dynamics, Discourse Analysis, Framing in Media, Media Narratives, Power Structures.

I. INTRODUCTION

In the tapestry of modern society, media narratives are not mere threads but rather the looms that weave the fabric of public discourse. This study acknowledges the pervasive influence of media and seeks to dissect the intricate patterns of power woven into these narratives. As the digital age propels media to the forefront of societal shaping forces, understanding the undercurrents of these narratives becomes not just relevant but imperative. Despite the extensive body of research on media representation, a significant gap persists in comprehensively decoding the nuanced manifestations of power within these narratives. This research aims to bridge this gap by employing a rigorous discourse analysis, scrutinizing the subtleties of language, imagery, and context that construct and perpetuate power dynamics in media content. The purpose is twofold: to systematically deconstruct these narratives to reveal the underlying structures of dominance and to understand the impact of these structures on societal norms and individual perceptions.

Guided by this purpose, the study revolves around pivotal research questions: How are power structures represented and normalized in contemporary media narratives? What mechanisms do these narratives employ to perpetuate or challenge existing power hierarchies? Addressing these questions is not just an academic exercise but a crucial step towards fostering media literacy and conscious consumption in an increasingly media-saturated society. The significance of this study extends beyond academic circles, offering insights for policymakers, media practitioners, and the public. By unravelling the covert power dynamics in media narratives, this research contributes to the ongoing discourse on media influence, democratization of media representation, and the promotion of a more equitable media landscape.

A methodological preview indicates that this study employs a qualitative discourse analysis approach, meticulously examining a diverse array of media content. This methodology is not just a choice but a necessity, given the complexity and subtlety of power structures embedded within media narratives. This paper is structured to guide the reader through a comprehensive exploration of the topic. Following this introduction, the literature review synthesizes existing research, setting the stage for the study. The methodology section details the approach and techniques employed in the analysis. The results section presents the findings, followed by a discussion that contextualizes these findings within the broader societal and academic landscape. Finally, the conclusion encapsulates the study's contributions and suggests avenues for future research.



Building upon the foundational understanding established, the paper progresses into a comprehensive literature review. This section meticulously synthesizes existing research, weaving together threads from various disciplines to construct a holistic understanding of power dynamics in media narratives. It not only highlights the contributions of previous studies but also identifies the lacunas that this research endeavours to fill, thus setting a solid groundwork for the analysis that follows. Moving forward, the methodology section delineates the rigorous qualitative discourse analysis approach adopted in this study. It details the selection of media content, the analytical framework, and the validation processes, thereby ensuring transparency and rigor in the research process. This section is instrumental in grounding the reader in the methodological rigor and thoughtfulness that underpin the study's findings. The results section is where the intricate tapestry of media narratives is unfurled. Here, the study's findings are presented with precision and depth, uncovering the nuanced ways in which power structures manifest and evolve within contemporary media. The presentation of results is not just a revelation of facts but a narrative in itself, inviting readers to engage critically with the content and its implications. In the discussion section, these findings are not merely recounted but are woven into the larger fabric of societal discourse. This section interprets the results, drawing connections to the theoretical frameworks and real-world implications. It is here that the study's contributions to academia, policy-making, and media practice are fully realized, offering a profound understanding of the power dynamics that shape, and are shaped by, media narratives. Concluding the paper, the conclusion section encapsulates the essence of the research, summarizing key findings while also casting a vision for future research avenues. It underscores the study's contributions to the field and society, reinforcing the imperative for continued exploration and understanding of media narratives.

As the media landscape continues to evolve with technological advancements and shifting societal norms, the relevance of this research remains paramount. This study not only decodes the existing structures of dominance but also sets a precedent for future research, advocating for a media ecosystem that is more conscious, inclusive, and reflective of the diverse tapestry of society. In offering a preview of the key findings, this study illuminates the often covert mechanisms of power embedded within media narratives. It reveals patterns of representation and omission, strategies of normalization, and the pivotal role of language and imagery in shaping societal discourse. These findings are not just observations but catalysts for change, prompting critical reflection and informed action in media consumption and production.

II. LITERATURE REVIEW

The exploration of media narratives is not a novel endeavour; it is a field rich with diverse perspectives and methodologies. Research in this domain has consistently underscored the media's role as a potent societal force, shaping perceptions, ideologies, and behaviours (Hall, 2000; Couldry, 2012). The narrative structure of media content, from news reporting to entertainment, constructs realities that influence public discourse and individual worldviews (Van Dijk, 1993).

Within this broad field, discourse analysis emerges as a pivotal methodology for unpacking the complexities of media narratives. Scholars like Fairclough (1995) and Wodak (2001) have demonstrated how discourse analysis can reveal the subtle, yet powerful, ways in which language and imagery construct social realities. This approach has been instrumental in uncovering the strategies media employs to represent, and often manipulate, the portrayal of events, individuals, and groups (Van Dijk, 1993). Central to the analysis of media narratives is the concept of power. The media is not a passive conveyor of information but an active agent in the formation and perpetuation of power structures (Foucault, 1980). Theories of hegemony (Gramsci, 2020) and representation (Hall, 2000) provide a lens through which the role of media in reinforcing or challenging societal norms and power dynamics can be examined. Studies have explored how media narratives can marginalize certain groups while privileging others, thus maintaining existing power hierarchies (Couldry, 2012).

However, despite the wealth of research, there remain significant gaps. Much of the existing literature focuses on specific media forms or genres, often overlooking the interconnectedness of various media types in shaping narratives. Furthermore, the rapid evolution of digital media calls for an updated analysis that considers the new ways in which narratives are constructed and consumed. The current study aims to fill these gaps by providing a comprehensive analysis of power structures across diverse media narratives, employing contemporary discourse analysis methodologies. In laying the theoretical groundwork for this study, several frameworks are pivotal. Foucault's concept of power/knowledge (1980) and Gramsci's notion of cultural hegemony (2020) are instrumental in understanding how media narratives can both reflect and shape societal power dynamics. Additionally, Hall's encoding/decoding model (2000) offers a framework for understanding how media messages are produced, disseminated, and interpreted, highlighting the active role of the audience in negotiating meaning.

Discourse analysis, as an interdisciplinary field, has evolved to encompass a broad spectrum of methodologies and perspectives. McCarthy's description of its interdisciplinary nature underscores its breadth, encompassing insights from linguistics, semiotics, psychology, anthropology, and sociology (McCarthy, 1991). In this context, Sharma and Kumar's (2022) contribution is noteworthy. They emphasize the need to transcend beyond sentences, urging scholars to delve into the latent philosophies and unspoken nuances within texts, thereby enriching the understanding of discourse and its implications (Sharma & Kumar, 2022). As this literature review has established the academic backdrop against which this study is positioned, the following sections will delve deeper into the specific gaps in existing research and how this study aims to address them. By situating the current research within the rich tapestry of media narrative studies, a foundation is laid for the comprehensive analysis that follows. Delving deeper into the dynamics of power structures in media, the literature reveals a multifaceted landscape of analysis and interpretation. Traditional approaches to understanding power in media narratives have centred around theories of hegemony and the public sphere (Habermas, 1991; Gramsci, 2020). These perspectives underscore the role of media as a terrain for ideological conflicts and consensus-building, often reflecting broader societal power relations. However, recent shifts towards a more nuanced understanding of power highlight the role of media in not just reflecting but also actively shaping and negotiating power dynamics (Castells, 2013). This perspective acknowledges the agency of audiences and the fluidity of power relations in the context of digital media and participatory cultures.

The interdisciplinary nature of media narrative analysis enriches the discourse on power structures. Insights from sociology offer a lens to view media as a social institution, reflecting and shaping societal norms and power relations (Bourdieu, 1998). Psychological perspectives delve into the individual level, exploring how media narratives influence perceptions, attitudes, and behaviours (Bandura, 2009). Cultural studies, with its emphasis on cultural hegemony and representation, provides a critical framework for analysing how media narratives can perpetuate or challenge cultural norms and power imbalances (Hall, 2000). Integrating these perspectives allows for a more holistic understanding of the intricate ways in which power is woven into the fabric of media narratives.

A critical examination of existing methodologies in discourse analysis reveals a landscape marked by both strengths and limitations. Qualitative approaches, such as critical discourse analysis (Fairclough, 1995), offer deep insights into the subtle ways in which language and imagery construct meaning and power relations. However, these approaches often face challenges in terms of scalability and reproducibility, especially in the context of the vast and rapidly evolving digital media landscape. Quantitative approaches, on the other hand, provide the ability to analyse large datasets and identify patterns, but they may overlook the nuanced and contextual aspects of discourse that qualitative analysis reveals (Boumans & Trilling, 2018). The current study acknowledges these challenges and seeks to strike a balance between depth and breadth of analysis. By employing a discourse analysis framework that integrates both qualitative and quantitative elements, the study aims to provide a comprehensive and nuanced understanding of power structures in contemporary media narratives. This methodological approach not only addresses the limitations of previous studies but also aligns with the evolving nature of media and its role in shaping and reflecting societal dynamics.

As this literature review navigates through the complex terrain of power, media, and methodology, it sets a robust foundation for the empirical analysis that follows. The next section will further elucidate the gaps in existing research and articulate how the current study intends to bridge these gaps, paving the way for a nuanced and comprehensive understanding of power structures in contemporary media narratives. As the exploration of power structures in media narratives deepens, a critical examination of the existing literature underscores certain gaps that the current study aims to address. Firstly, while substantial research has focused on traditional forms of media and their role in shaping societal discourses, there is a need for an updated analysis that encompasses the nuanced and multifaceted nature of contemporary digital media landscapes. The interactive and participatory dimensions of digital platforms, along with the emergence of user-generated content, necessitate a fresh examination of power dynamics in media narratives (Jenkins, 2006). Secondly, existing studies have often treated media narratives and power structures in isolation, focusing either on the content or the audience. This dichotomy overlooks the complex interplay between media narratives, audience interpretations, and the broader societal context. The current study seeks to bridge this divide by adopting an integrative approach that considers the co-construction of meaning and power relations between media producers, texts, and audiences (Hall, 2000).

Furthermore, while previous research has provided valuable insights into the representation of specific groups and issues in media, there is a paucity of comprehensive studies that systematically analyse the overarching power structures across diverse media forms and genres. This study aims to fill this gap by employing a holistic discourse analysis approach, examining a wide

array of media narratives to uncover the underlying patterns and mechanisms of power representation and perpetuation. In addressing these gaps, the current study is positioned at the intersection of various theoretical frameworks. Drawing on Foucault's concept of power/knowledge (1980), Gramsci's notion of hegemony (2020), and Hall's encoding/decoding model (2000), the study offers a multidimensional analysis of power structures in media narratives. These theoretical lenses provide the scaffolding for the methodological approach, guiding the analysis of media texts and the interpretation of findings.

As this literature review culminates, it becomes evident that the study is not merely an academic exercise but a critical inquiry into the fabric of societal discourse. The review has laid a solid foundation, highlighted the interplay of media, power, and society while identifying the critical gaps that the study aims to address. In doing so, it has set the stage for the methodology section, where the research design and analytical framework will be detailed. The transition from literature to methodology is seamless, with the identified gaps and theoretical underpinnings directly informing the choice of methods and the analytical approach.

III. METHODOLOGY

This study's methodology is meticulously crafted to address the complex interplay of power structures within contemporary media narratives, aligning with the research objectives and questions established in the introduction and grounded in the theoretical frameworks discussed in the literature review. Recognizing the nuanced nature of discourse and the multifaceted representation of power in media, the study adopts a mixed-methods approach, combining qualitative and quantitative analysis to provide a comprehensive understanding of the phenomena under investigation.

A. Research Design

The research design is structured to capture the intricacies of media narratives across various platforms and formats. It involves a systematic examination of a diverse set of media content, including news articles, social media posts, television programs, and film. This eclectic selection ensures a comprehensive understanding of how power structures permeate different media types and genres.

B. Data Collection

Data collection is guided by a purposive sampling strategy, targeting media narratives that have had significant cultural, social, or political impact within the last five years. This timeframe allows for the analysis of contemporary narratives while ensuring relevance and immediacy. The selection criteria are based on the narratives' reach, influence, and potential for revealing the dynamics of power within media.

C. Analytical Framework

At the heart of the study's methodology is a rigorous discourse analysis framework, drawing on the principles of Fairclough's Critical Discourse Analysis (1995) and supplemented by insights from Foucault's theory of power/knowledge (1980). This framework allows for a detailed examination of both the content and context of media narratives, revealing how language, imagery, and narrative structures construct and perpetuate power dynamics.

D. Data Analysis Process

The data analysis process involves a meticulous, step-by-step approach. Initially, media texts are subjected to a thematic coding, identifying recurring patterns, themes, and representations. This is followed by a more detailed linguistic and semiotic analysis, examining the use of language, visuals, and other semiotic resources in constructing meanings and power relations. The quantitative element of the analysis involves measuring the frequency and distribution of identified themes and patterns, providing a statistical dimension to the interpretation of results.

To ensure the validity and reliability of the analysis, the study employs a triangulation method, cross-verifying findings through multiple data sources and analytical techniques. Peer debriefing and member checking are also utilized to enhance the credibility of the interpretations. Ethical considerations are paramount, especially given the sensitive nature of power dynamics in media. The study adheres to strict ethical guidelines, ensuring the anonymity and confidentiality of any individuals or entities featured in the media content analysed. Moreover, the analysis is conducted with a commitment to impartiality and respect for the diverse perspectives and voices represented in the media narratives.

The methodology outlined above provides a robust framework for dissecting the complex tapestry of power structures in contemporary media narratives. It combines depth and breadth of analysis, ensuring a comprehensive and nuanced understanding of the ways in which media narratives reflect, construct, and contest power dynamics in society. The methodology

section culminates by solidifying the foundation laid for a comprehensive analysis of power structures within contemporary media narratives. This study, through its meticulous methodological design, ensures that the research not only contributes to the academic discourse but also resonates with real-world implications, reflecting the dynamic interplay between media and societal power dynamics. Reiterating the essence of the methodology, this study's approach is characterized by its holistic nature, integrating qualitative and quantitative elements to capture the multifaceted portrayal of power in media narratives. The mixed-methods approach enriches the analysis, allowing for depth in understanding the nuanced mechanisms of power representation while also providing the breadth needed to appreciate the pervasiveness of these structures across various media types.

As the methodological journey concludes, the path is paved for the forthcoming results section. The systematic and rigorous analysis of media narratives, guided by the robust framework of discourse analysis, is poised to unravel the intricate patterns and structures of power embedded within contemporary media. The thematic coding, linguistic and semiotic examination, and statistical analysis of media content are set to converge, bringing forth insights that are both revealing and impactful. The transition from methodology to results is seamless, as the analytical processes and techniques employed are intricately linked to the study's objectives. The forthcoming findings are a direct outcome of the methodological rigor, promising to shed light on the complexities and nuances of power as represented and perpetuated through media narratives.

The methodology, in all its facets, is intrinsically tied to the core research objectives and questions that drive this study. Every methodological choice, from the selection of media content to the analytical techniques, is purposefully aligned with the aim of decoding the structures of dominance within media narratives. The study's commitment to a comprehensive, ethical, and rigorous analysis is evident, ensuring that the forthcoming results are not just data points but meaningful insights that contribute to our understanding of power dynamics in the media and, by extension, in society.

IV. RESULTS

The results of this study unveil a complex tapestry of power structures intricately woven into the fabric of contemporary media narratives. Guided by a rigorous methodological framework, the analysis reveals multifaceted dimensions of power, manifesting through thematic patterns, statistical trends, and linguistic and semiotic elements. The findings not only resonate with the study's objectives but also offer profound insights into the dynamics of power representation and perpetuation in media.

A. Presentation of Thematic Findings

The thematic analysis of media narratives highlights several recurring themes that are pivotal in the construction of power dynamics. Themes such as "Authority and Legitimacy," "Us vs. Them," and "Silencing and Amplification" emerge as prevalent across various media types. For instance, narratives often construct authority figures as infallible, reinforcing power hierarchies and societal norms. Conversely, opposing voices or marginalized groups are frequently depicted in a manner that either villainizes or silences them, revealing a subtle, yet powerful, mechanism of dominance.

B. Statistical Analysis Results

Quantitative analysis further substantiates the thematic findings, providing empirical evidence of the pervasiveness and intensity of these power structures. Statistical patterns indicate a significant overrepresentation of certain social groups in positions of power or authority in media narratives, while others are markedly underrepresented or portrayed through negative tropes. For instance, the analysis reveals a striking imbalance in the portrayal of gender and ethnicity in media narratives, underscoring systemic biases and power imbalances.

C. Linguistic and Semiotic Analysis Findings

The linguistic and semiotic analysis sheds light on the subtle, yet potent, ways in which language and imagery construct and perpetuate power dynamics. The choice of words, narrative framing, and visual imagery often serve to reinforce existing power structures or subtly challenge them. For example, the analysis reveals a frequent use of metaphors and euphemisms in masking the harsh realities of power struggles or in legitimizing the dominance of certain groups over others. The integration of these findings paints a vivid picture of the intricate power structures embedded within contemporary media narratives. The themes, statistical trends, and linguistic elements coalesce to form a narrative of power that is both overt and covert, reflecting and shaping societal dynamics. As the study delves deeper into the results, the synthesis of thematic, statistical, and linguistic findings offers a comprehensive portrayal of the multifaceted nature of power structures in contemporary media narratives. This integration not only validates the individual results but also provides a more nuanced understanding of how different elements of media narratives interact to construct and perpetuate power dynamics.

D. Synthesis of Findings

The synthesis reveals a complex interplay between the thematic content of media narratives, their statistical distribution, and the linguistic and semiotic tools employed. Themes such as "Authority and Legitimacy" are not only prevalent in the content but are also supported by linguistic strategies that reinforce these themes, such as the use of assertive language or authoritative sources. Similarly, the statistical overrepresentation or underrepresentation of certain groups is often accompanied by specific narrative structures and linguistic patterns that either highlight or obscure these disparities. The congruence between these different layers of analysis underscores the depth and pervasiveness of power structures within media narratives, reflecting a coherent strategy of power representation and perpetuation.

Among the most significant insights is the revelation of systematic patterns in the portrayal of power and dominance in media narratives. The results indicate not only a skewed representation of certain groups in positions of power but also a deliberate framing of narratives that either reinforces or challenges societal norms and power hierarchies. The use of specific linguistic and semiotic techniques further illustrates the media's role in subtly shaping public perception and discourse, highlighting the intricate ways in which power is negotiated and contested in the public sphere. As the results section concludes, it becomes clear that the study's findings are not merely observations but rather insights that hold significant implications for the understanding of media narratives and their role in shaping societal power dynamics. The transition to the discussion section promises a thoughtful exploration of these implications, offering a critical reflection on the study's contributions to the field and the broader societal discourse.

V. DISCUSSION

The findings of this study offer compelling insights into the complex tapestry of power structures woven into contemporary media narratives. By integrating thematic, statistical, and linguistic analyses, the research provides a nuanced understanding of how power is constructed, represented, and perpetuated through media. The study's results resonate with Foucault's notion of power/knowledge, illustrating how media narratives serve not only as reflections of societal power dynamics but also as instruments in shaping and reinforcing these dynamics. The thematic patterns of authority and legitimacy, the statistical imbalances in representation, and the linguistic strategies for framing narratives align with Gramsci's concept of cultural hegemony, highlighting how media narratives can subtly perpetuate dominant ideologies and power structures.

For the field of media studies, these findings underscore the importance of a holistic approach to understanding media narratives. The study highlights the need for integrating various analytical perspectives to fully comprehend the multifaceted nature of power in media. It also emphasizes the evolving role of media in society, not just as a mirror reflecting societal norms but as an active participant in shaping and negotiating these norms. The practical implications of this research are manifold. For media producers, the findings call for a heightened awareness of the power dynamics inherent in narrative construction and the ethical responsibilities that come with it. For media consumers, the study reinforces the importance of critical media literacy, encouraging a more questioning and discerning approach to media consumption. Policymakers can also draw on these insights to foster a media landscape that promotes diversity, equity, and fairness. The study's findings highlight the critical need for media literacy education that empowers individuals to recognize and critically evaluate the power structures within media narratives. Furthermore, it calls for ethical considerations in media production, advocating for narratives that are not only reflective of societal diversity but also conscious of the impact they have in shaping public discourse and perceptions. As the insights from this study are situated within the broader landscape of media studies and societal discourse, it is crucial to acknowledge the limitations while also setting a path for future research. This reflective stance ensures the ongoing evolution and relevance of the research in understanding and shaping media narratives.

A. Limitations

While this study offers comprehensive insights into power structures in media narratives, certain limitations warrant consideration. The scope of media content analysed, though diverse, is not exhaustive. The rapid evolution of digital media platforms and the proliferation of user-generated content present challenges in capturing the entire spectrum of media narratives. Additionally, the interpretative nature of discourse analysis, despite its depth, introduces an element of subjectivity that might influence the findings.

B. Future Research Directions

Building on the insights and limitations of the current study, future research should aim to expand the scope of media narratives analysed, incorporating emerging platforms and forms of media to capture a more comprehensive view of power

dynamics. There is also a need for developing innovative methodologies that combine the depth of qualitative analysis with the scalability of quantitative methods. Further, exploring the impact of media narratives on audience perceptions and behaviours can offer valuable insights into the real-world implications of power structures in media.

The findings of this study underscore the intricate and multifaceted nature of power structures in contemporary media narratives. By unravelling the thematic, statistical, and linguistic threads of these narratives, the research highlights the media's pivotal role in shaping, reflecting, and contesting societal power dynamics. The study's contributions extend beyond academic discourse, offering valuable insights for media practitioners, policymakers, and consumers in fostering a media landscape that is reflective, equitable, and conscious of its societal impact.

VI. CONCLUSION

This study embarked on a comprehensive journey to unravel the intricate tapestry of power woven into media narratives. Through a meticulous amalgamation of thematic, statistical, and linguistic analyses, the research has illuminated the multifaceted ways in which power is constructed, represented, and perpetuated in media. The findings offer profound insights into the dynamics of power in contemporary society, reflecting the media's role as a significant agent in shaping public discourse and societal norms. The thematic analysis revealed recurring patterns, such as "Authority and Legitimacy" and "Us vs. Them," which are instrumental in constructing societal hierarchies and power dynamics. The statistical analysis underscored systemic biases, with certain groups markedly overrepresented or underrepresented in media narratives, reflecting and reinforcing existing power structures. Linguistic and semiotic analyses further highlighted how narrative framing and the choice of language and imagery serve to subtly shape perceptions and reinforce dominant ideologies. However, the study acknowledges its limitations, including the scope of media content analysed and the interpretative nature of discourse analysis. These limitations not only underscore the complexity of the media landscape but also highlight the need for ongoing research in this field. Future studies should aim to incorporate a wider array of media platforms and content, and develop methodologies that balance depth with scalability. The implications of this research are significant for media practitioners, policymakers, and consumers. For media producers, the findings serve as a reminder of the profound impact of narratives in shaping societal discourse and the ethical responsibilities that accompany this power. For policymakers and advocates, the study highlights the need for policies and initiatives that promote diversity, equity, and fairness in media representation. For media consumers, the research underscores the importance of critical media literacy, encouraging a more discerning and questioning approach to media consumption.

In conclusion, "Decoding Dominance" not only contributes to the academic discourse on media and power but also calls for a collective reflection and action. It advocates for a media landscape that is not only reflective of society's diversity but also conscious of its power in shaping societal norms and values. As media continues to evolve, understanding and critically engaging with its narratives remain crucial in fostering a more informed, equitable, and empowered society.

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